



Construction Industry Rehabilitation Plan

Suite #402, 223 Nelson's Crescent, South Tower, New Westminster, BC V3L 0E4
Tel: 604-521-8611 | Fax: 604-521-8611 | Email: info@constructionrehabplan.com

March 26th 2020

Dear Colleagues

RE: COVID-19

As we are all acutely aware, the spread of the novel coronavirus (COVID-19) has been the dominating news topic of 2020 so far. Canadian health officials maintain that, at this point, the risk of contracting COVID-19 remains low in all parts of Canada. However, it is important for employers and unions to be prepared to respond as COVID-19 continues to develop both in Canada and globally. As part of that preparation we must also be prepared to respond to the increasing anxiety and fear that this pandemic has brought about. We must be prepared to support our industry in maintaining good mental health during this time of uncertainty and fear.

Construction Rehab remains open and ready to support you, your teams and your members. For now, as we all navigate our new 'normal' we have moved our services to an online platform, where we continue to provide the industry with all the services you have come to expect.

1:1 counselling services (long & short term) / Mental Health Management /
Residential substance use treatment / Family services / Naloxone training & Supply of
Kits / Industry Education and Training / Client Case management

In addition to 'usual' services CIRP has developed some handy posters for you containing simple and easy to implement tips and guidance on how to support your teams during this time. The posters have been attached to this communication as PDFs. Please feel free to distribute these widely, print and display prominently across jobsites, union halls and anywhere else our industry members might be able to access them.

And remember we remain open Monday to Friday, 0930-1900hr daily. You can reach us as always at 1-888-521-8611 or 1-604-521-8611 or via our website www.constructionrehabplan.com. Alternatively, if you have any questions or queries you can reach me directly on my cell 604-838-2304. In this unprecedented time, we must be vigilant in taking care of ourselves and our industry both physical and emotionally, stay safe and well!

Sincerely,

Vicky Waldron, MSc (Hons) H.Psych
Executive Director, CIRP